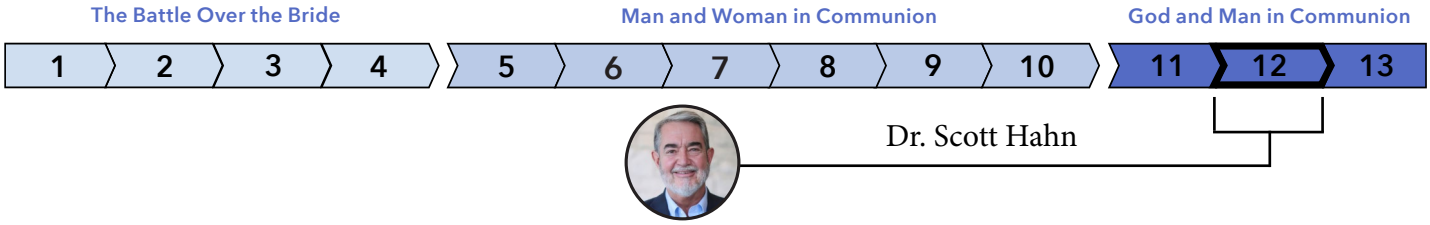
TMIY

REVELATION OF THE FATHER

Small Group Guide

Session 12: The Holy Sacrifice of the Eucharist

Fall Semester Timeline



Summary

In this session, we are invited to rediscover the Mass as the holy sacrifice of the Eucharist. The message begins with the road to Emmaus and then moves deeper into the question of where the sacrifice of the Mass is found in the New Testament. We are shown that Calvary alone, viewed from the outside, could appear to be only an execution. The Eucharist reveals something deeper, because Christ had already offered His body and blood in the New Covenant Passover. Holy Thursday and Good Friday are therefore inseparable, with the Eucharist initiating what the Cross consummates. This week's speaker also explains that the New Testament was a sacrament before it became the name of a written document. This does not diminish Scripture's value, but places it in its proper Eucharistic home. We are called to prepare for Mass more deeply, share the faith with charity, and draw others back toward the fullness of Catholic worship.

Small Group Goals

- Deepen understanding of the Mass as both sacrifice and sacred meal.
- Help men see the Eucharist as the fulfillment of the New Covenant.
- Encourage men to approach Mass with greater preparation, reverence, and missionary zeal.

Discussion Questions

- How can we get more out of Mass? How can we prepare ourselves and our families?
- How can we really become New Testament believers? How can we go out to draw ex-Catholics, family members and friends back into this fullness of faith?

Supplemental Questions

- How does seeing the Mass as a sacrifice change the way you participate in it?
- How can you better prepare your heart before receiving the Eucharist?
- Who in your life needs a patient, charitable invitation back to the fullness of the Catholic faith?